

Cheryl Richardson MS, LPC, CRC

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PROFESSIONAL SUMMARY

Vocational Rehabilitation Professional currently completing PhD in Counselor Education and Supervision with experience rehabilitation counseling, disability case management and mental health counseling, seeking a remote rehabilitation counseling opportunity. Professionally trained counselor with a master's degree current Certified Rehabilitation Counselor (CRC), Qualified Rehabilitation Professional (QRP), Licensed Professional Counselor (LPC), Qualified Clinical Supervisor (QCS) within the state of North Carolina.

EDUCATION

Walden University, Minneapolis, MN

11/18-current

Doctor of Philosophy, Counselor Education and Supervision

Anticipated Graduation Date: June 2022

Specialization: Consultation

Winston-Salem State University, Winston-Salem, NC

8/12-8/14

Master of Science, Rehabilitation Counseling

Saint Augustine's University, Raleigh, NC

8/97-5/01

Bachelor of Arts, Sociology

REHABILITATION COUNSELOR EXPERIENCE

Counselor and Consultant | C. Richardson Counseling & Consulting | 04/2016 - present

- Conducts comprehensive assessments of clients' needs for vocational rehabilitation services
- Performs Transferable Skills Analysis and Labor Market Surveys for Veterans, Short Term Disability clients, Long Term Disability clients and displaced workers as they prepare to return to work.
- Identifies appropriate return to work options and/or barriers in order to partner with internal resources to ensure a smooth transition back into employability and normal activities
- Provides disability management services; including medical, return to work, physical restoration, vocational testing, job search, and re-training.
- Assist employers with completion of functional job descriptions.

Vocational Expert | Sawyer Consulting | 02/2017 - present

- Provides consultation and expert opinion about a person ability to work or return to work or obtain other work.
- Provides Vocational Expert Testimony and interrogatories in Social Security Hearings as an approved Expert Witness
- Provides Transferable Skills Analysis as an approved Expert Witness
- Maintains ongoing knowledge related to the Dictionary of Occupational Titles (DOT) and the Selected Characteristics of Occupations Defined in the Revised Dictionary of Occupational Titles (SCO), County

Business Patterns published by the Bureau of Census; the Occupational Outlook Handbook published by the Bureau of Labor Statistics; and any occupational surveys of occupations prepared by SSA by various state employment agencies.

- Develops and maintains appropriate relationships with Administrative Law Judges, Attorneys and Non-Attorney Representatives, Hearing Reporters and other Office of Disability Adjudication and Review (ODAR) staff members.

Vocational Rehabilitation & Employment Contract Counselor | VRE 4 Vets, LLC | 03/2018 – 06/2018

- Provided comprehensive assessment and evaluation to determine abilities, skills, interests, and needs for achieving return to work goals.
- Provided vocational counseling/exploration and rehabilitation planning.
- Provided implementation and monitoring of rehabilitation plans which may include personal adjustment counseling and other case management assistance and referral to appropriate resources.
- Provided employment services such as labor market surveys, transferable skills analysis, resume development, work readiness assistance, job development, job site analysis and job placement.
- Provided education and career counseling and vocationally oriented assessments under U.S.C. Title 38, Chapter 36 to help separating Service members and eligible Veterans establish employment objectives and plan career goals.

Counselor | Alternative Living Solutions | 08/2014 – 06/2016

- Completed and interpreted Evaluations for program participants in need of Rehabilitation Counseling Services
- Developed Individualized Work Plans.
- Completed Evaluation Reports.
- Provided appropriate clinical treatment to clients.
- Completed all necessary documentation for the clinical file.

Case Manager | Alternative Living Solutions | 06/2008 – 08/2014

- Completed initial needs assessments and acted upon critical needs appropriately and immediately
- Developed a comprehensive client-driven case plan with both short-term and long-term goals identified
- Monitored progress towards goals in regularly scheduled weekly sessions
- Works in collaboration with program and all other agency staff to assist clients with job placement or return to work goals.

MENTAL HEALTH EXPERIENCE

Counselor | C. Richardson Counseling & Consulting | 04/2016 - present

- Assess and collaboratively create a plan of action to assist the participant reach various personal, professional and return to work goals.
- Provide consultation, training and educational presentations to participants, professionals and community organizations.
- Provides appropriate clinical treatment or clinical case management to ensure the participant has access to proper services.

- Conducts periodic sessions using Solution Focused Therapy Techniques.
- Provides Critical Incident Stress Management Services to various companies throughout North Carolina.

Military Family Life Counselor | HealthNet/ Centene | 05/2019 – 06/2019 (Cherry Point, Havelock, NC)

Military Family Life Counselor | HealthNet/ Centene | 06/2016 – 01/2017 (Kadena, Okinawa, Japan)

- Provided counseling and support to military service members and their families.
- Assessed the needs of military families and review/examine treatment plans.
- Facilitated Psychoeducation discussion groups for service members.
- Exhibited knowledge of child development, therapeutic techniques/interventions with military children and their families. Services include assessment, brief counseling and consultation, action planning, referral to resources (assuring linkage as appropriate), and follow-up as indicated.
- Conducted Installation/ Community Informational Sessions about available services.

Intensive in-Home Team Lead / Clinical Therapist | Faith In Families | 04/2015 – 01/2016

- Completed Clinical Comprehensive Assessment (CCA) for children and adolescents with Disruptive, Impulse-Control and Conduct Disorders and in need of Behavioral Health & Substance Abuse Counseling Services.
- Provided linkage and referrals to various behavioral health and other community resources.
- Developed Person Centered Plan Goals (PCP) based on CCA in collaboration with the client and if appropriate, family or significant others
- Conducted weekly Behavioral Health sessions to teach behavioral management, communication skills and coping skills
- Created and develops referrals for the individual to receive assistance pertaining to the PCP

Addictions Intervention Specialist | Charlotte Housing Authority | 11/2002 – 11/2004

- Provided counseling and advice to individuals with alcohol, tobacco, drug, or other problems, such as gambling and eating disorders.
- Rendered counseling to individuals, families, or groups or engage in prevention programs.
- Increased program awareness amongst the Charlotte Housing Authority residences.
- Helped increase housing sustainability for residences with substance abuse disorders.
- Increased abstinence time frame for residences who were identified as living with a substance abuse disorder.

LEADERSHIP EXPERIENCE

Executive Director/ Clinical Director | Alternative Living Solutions | 06/2008 – 04/2016

- Partnered with staff and community partners to ensure program participants receive appropriate advocacy to help overcome barriers to basic needs as a result of a mental health disorders and substance abuse disorders.
- Supervised 20 staff members as they provided mental health and substance abuse support services.
- Developed strategic initiatives and programs to benefit populations with Mental Health Disorders, Substance Abuse Disorders and Developmental Disabilities.
- Created and implemented program standards for the benefits of program participants.

- Actively provided coaching, mentoring, and technical assistance to staff within the division for successful achievement of tasks and activities and to ensure consistency in management direction and philosophy.

Program Coordinator | Community Link | 11/2004 – 06/2008

- Developed partnerships with potential landlords
- Was responsible for identifying and projecting spending trends for the PRCOC and the Rapid Rehousing/HPRP programs
- Maintained and accurately submit periodic reports to ensure successful data submission into CSN and HMIS Systems
- Coordinated ongoing housing services and education
- Managed disbursement of monthly rent payments

LICENSURE

NC Licensed Professional Counselor Board Qualified Clinical Supervisor – QS121251	Greensboro, NC 2019
NC Licensed Professional Counselor Board Licensed Professional Counselor – 11153	Greensboro, NC 2014
Commission on Rehabilitation Counselor Certification Certified Rehabilitation Counselor – 00119617	Schaumburg, IL 2014
NC Industrial Commission Qualified Rehabilitation Professional	Raleigh, NC 2016

SUPERVISION & EDUCATION EXPERIENCE

C. Richardson Counseling and Consulting, PLLC <i>Practicum/ Internship Site Supervisor</i>	04/2016 - Present
Queens University of Charlotte <i>Case Management - HSS-220</i>	08/2018-07/2019
Alternative Living Solutions <i>Practicum/ Internship Site Supervisor</i>	06/2008 – 06/2016

PRESENTATION EXPERIENCE

Serviceman to Civilian National Career Development Association	Houston, TX June, 2019
University of Success Saint Augustine’s University	Raleigh, NC February, 2019
Leadership DevelopMe The Corporate Lady: Climbing to the top of your game	Charlotte, NC October, 2018
Central Piedmont Community College Excel In Your Future	Charlotte, NC September, 2018
Delta Sigma Theta, Charlotte, Alumnae Chapter, Community Day Mental Health Workshop Presenter	Charlotte, NC May 2018
Queens University	Charlotte, NC

Case Management Course Guest Instructor

Alpha Phi Alpha Fraternity Incorporated, Charlotte Alumnae Chapter Charlotte, NC

October, 2017

Mental Health Workshop Presenter

April, 2015

SERVICE

- University of North Carolina at Charlotte School of Social Work Community Advisory Board Member
- Delta Sigma Theta Sorority Incorporated
- Delta Sigma Theta Sorority Incorporated Mental Health Committee Program Coordinator
- Delta Sigma Theta Sorority Incorporated Risk Management Team Member
- SACES Graduate Committee Member
- AIDS Walk Charlotte Planning Committee Member
- Black Mental Health Symposium Planning Committee Member

Service Projects

Airman and Family Readiness Center - Kadena FSS

Okinawa, Japan

Transition Assistance Counselor

2016 – 2017

GoHire

Charlotte, NC

Mock Interviewer

2015 – Present

PROFESSIONAL MEMBERSHIPS

- American Counseling Association
- Association for Counselor Education and Supervision (Southern Region)
- Licensed Professional Counselor Association of North Carolina
- International Association of Rehabilitation Professionals
- Vocational Evaluation and Career Assessment Professionals
- National Career Development Association